

# March 2024

SUN	MON	TUE	WED	THU	FRI	SAT
						
3	4	5			<b>8 CSFP</b> <b>11:00 AM—3:00 PM</b>	9
10	<b>11 Presa Bus Service—</b> <b>HEB 8:45 AM</b>		13	<b>14 SAFFE Officer Meet &amp; Greet</b> <b>2:00—3:00 PM</b>	<b>15 Easter Bunny Bingo!</b> <b>4:00 PM—5:30 PM</b>	16
	<b>18 Presa Bus Service—</b> <b>Walmart 8:45 AM</b>		20		22	
24	<b>25 Ortiz Monthly Craft—</b> <b>11:00 AM—1:00 PM</b>	<b>26 UIW Vaccine Clinic</b> <b>10:00 AM—3:00 PM</b>	<b>27 UIW Vaccine Clinic</b> <b>10:00 AM—3:00 PM</b>	<b>28 Merced Food Distribution</b>	<b>29 RSC Office Closed All Day</b>	30
						



## ARTISAN AT WILLOW SPRINGS APARTMENTS

RESIDENT SERVICES  
AT THIS COMMUNITY PROVIDED BY



MERCED CORE VALUES: INTEGRITY | COMPASSION | SERVICE | COLLABORATION

### MARCH 2024 NEWSLETTER

#### RESIDENT SERVICES COORDINATOR MESSAGE:

The Resident Services Center has an information table with pamphlets and flyers available for residents to pick up and take with them. A “Resource Folder” is also available with an updated list of phone numbers and program information, including how to apply online, as well as agency hours.

We have a new SAFFE Officer in the community who will be holding a Meet & Greet event on Thursday, March 14, and he will give information on how he will be helping the community.

There are also three bulletin boards available with active and ongoing programs and classes offered by different organizations and agencies. One bulletin board is by the main mail boxes, another is in the main office by the community room and the last is right outside the double doors of the Resident Services Center. If you have any questions, stop by the Resident Services Center during office hours posted on this newsletter. I am eager to meet you and to assist you with your needs. I can also schedule a time to meet one-on-one by appointment. Please call me at 210.281.0234 ext. 214. I look forward to hearing from you. Have a Happy Easter!

**DeeAnn Guajardo**

210.281.0234 extension 214

DeeAnn@mercedhousingtexas.org



#### MERCED HOUSING TEXAS MISSION

Merced Housing Texas creates and strengthens healthy communities by providing quality, affordable housing with supportive services for low-income individuals, families, and older adults

#### DEEANN GUAJARDO

Resident Services  
Coordinator

#### Office Hours onsite

Monday—Friday  
10:00 am— 4:00 pm

#### HOW WE CAN HELP YOU

Resident Services Coordinators provide resources and referrals to residents. We are committed to providing one-on-one assistance in navigating community resources as well as providing information and activities to promote overall wellness.



Merced Housing Texas | 120 W. Mistletoe Ave / P.O. Box 12870 San Antonio, TX 78212

www.MercedHousingTexas.org | Follow us @MercedHousingTexas

## UIW HOME VISITS AND VACCINE CLINIC

**Dates:** Tuesday, March 26

Wednesday, March 27

**Time:** 1:00 PM– 3:00 PM

**Place:** Community Room

The University of the Incarnate Word Nursing Students will be on site administering vaccines and offering Home Health Wellness Visits. Blood pressure screenings and medication reviews also available. Pre-schedule today by calling 210.281.0234 ext. 214 or stop by the Resident Services Center and speak to DeeAnn.

## QUICK & EASY SPRING TIME FLORAL PROJECT

**Date:** Monday, March 25

**Time:** 11:00 AM– 1:00 PM

**Place:** Community Room

Join Ortegon & Ortiz Insurance Solutions as they provide a presentation on updated Medicare & Medicaid benefits information. Following the presentation a representative will be available to answer any questions on your benefits you may have.

A quick and easy project will be offered to all those who participate in the presentation. All supplies for the craft will be provided. Light refreshments will also be available. Socializing is always encouraged. Older adults and adults with disabilities are invited.

## FAMILY EASTER BUNNY BINGO

**Date:** Friday, March 15

**Time:** 2:00 PM—4:00 PM

**Place:** Community Room

Here comes the Easter Bunny! Resident families and older adults are invited to join in the fun and play Easter Bingo. All prizes will be Easter themed. Following bingo, the Easter Bunny will pass out his Easter Eggs filled with goodies for all who participate. Be sure and bring your baskets to fill. Light refreshments will be available. This event is sponsored by Spectrum.

## PRESA BUS TRANSPORTATION

**New Days—Second and third Monday each month**

**Dates:** Monday, March 11—H-E-B

Monday, March 18—Walmart

**Pick-Up Time:** 8:45 AM

**Place:** Front Office Foyer

Our partnership with Presa Transportation continues as we assist residents with shopping trips for their necessities and socializing. Seniors who are 60 and older or disabled residents needing transportation assistance to H-E-B or Walmart are invited to sign up and utilize this free service. An intake form is needed to participate. Stop by the Resident Services Office and speak with DeeAnn for information on this service or call 210.281.0234 extension 214.

**Bus leaves promptly at 9:00 AM**

## CSFP (CHEESE BOX) PROGRAM BY SA FOOD BANK

**Date:** Friday, March 8

**Time:** 11:00 AM—3:00 PM

**Place:** Resident Services Center

The Commodity Supplement Food Program is a food assistance program for adults who are age 60 and older. Food is delivered once a month on the second Friday. It is on a first-come, first-served basis, and a photo ID is needed for pickup. If you cannot pick up your box, a proxy may be added to your application to pick up for you. In order to participate, you must be registered. At the moment, the Food Bank CSFP Program has reached capacity and they are no longer accepting new applications. If you are in need of food, contact the San Antonio Food Bank at 210.337.3663 to locate a pantry near you. Currently all new applications are on hold.

## RESOURCES:

- VITA—Free tax preparation for qualifying taxpayers who made (55,000 OR LESS) yearly. Sites are now open For site locations and more info, <http://vitas.org>
- CPS Utilities Assistance— 210.353.6110 [www.cpsenergy.com](http://www.cpsenergy.com)
- Little Free Food Pantries/ Drive up (take what you need) <https://sacrd.org/directory/organization/2619>
- Bexar County/ Economic & Community Development -Utility Assistance, 210.335.3666 <https://www.bexar.org/2764/Utility-Assistance-Process>
- San Antonio Food Bank Client Services— 210.431.8326 <https://www.safoodbank.org>
- Alamo Area Agency on Aging (AACOG) - 210.477.3275 <https://www.aacog/aging-services.com>
- Texas Department of Family & Protective Services Abuse Hotline: 1.800.252.5400 - open 24/7 (CPS)
- Texas Adult Protective Services—(APS) [https://www.dfps.texas.gov/Adult\\_Protection/default.asp](https://www.dfps.texas.gov/Adult_Protection/default.asp)
- Meals on Wheels— (meals delivered for older adults) 210.735.5115 <https://www.mowsatx.org>
- Relocation Program- (for those in crisis of eviction) <https://dhs.mendixcloud.com/p/Kinetech/GovTech/HousingAssistance>



**EMPOWER YOUTH**

**11-14 MAR.**  
8:00AM - 3:00PM

**FREE!**

**SPRING BREAK CAMP**  
YOUTH 8 - 18 YRS

Breakfast and Lunch Provided

**Health and Wellness**  
Activities will focus on mental, physical, and relational health. Youth will discover new ways to enjoy holistic and active lifestyles.

- Explore nature
- Ride bikes
- Get creative with art
- Enjoy spa-like activities
- Sports led by experienced coaches
- Fun Games!

210-598-9640

801. N. Olive Lockwood Park Register at: [bit.ly/3vVyRHi](https://bit.ly/3vVyRHi)