

# March 2024

SUN	MON	TUE	WED	THU	FRI	SAT
 <p>March is <b>NATIONAL NUTRITION MONTH</b></p>					1 	2
3 	4 <b>11 Spring Break Begins</b>	5	6 	7	8 	9
10  Daylight Savings Time Begins		12	13	14 	15	16
17 	<b>18 School Resumes</b>	19	20	21  World Poetry Day	22	23
24	25	26 	27	28	<b>29 No School</b>	30
31 						



## TIERRA POINTE APARTMENTS



**MERCED CORE VALUES: INTEGRITY | COMPASSION | SERVICE | COLLABORATION**

### MARCH 2024 NEWSLETTER

#### RESIDENT SERVICES MESSAGE:

Dear Residents,  
Happy Spring! We hope you are all enjoying the warmer weather, and have a great time celebrating the holidays this month.

Daylight Saving Time begins on Sunday, March 10, at 2:00 AM. Remember to set your clocks forward one hour before going to bed.

We want to wish all of our students a happy and enjoyable Spring Break starting on March 11.

Do not forget to wear your green on St. Patrick's Day, March 17, for good luck!

On March 31, we wish all of our Tierra Pointe families a Happy Easter, enjoying all that makes it fun for your family.

This is also National Nutrition Month, for more information visit [eatright.org/about-national-nutrition-month](http://eatright.org/about-national-nutrition-month).

**Marta Garcia, Program Manager**  
Resident Services Team  
210.281.0234 ext. 208  
[marta@mercedhousingtexas.org](mailto:marta@mercedhousingtexas.org)



#### MERCED HOUSING TEXAS MISSION

Merced Housing Texas creates and strengthens healthy communities by providing quality, affordable housing with supportive services for low-income individuals, families, and older adults

**Marta Garcia**  
Resident Services Program Manager

**Office Hours offsite:**  
Call for an Online Appointment

#### HOW WE CAN HELP YOU

Resident Services Coordinators provide resources and referrals to residents. We are committed to providing one-on-one assistance in navigating community resources as well as providing information and activities to promote overall wellness.



Merced Housing Texas | 120 W. Mistletoe Ave/P.O. Box 12870 San Antonio, TX 78212

[www.MercedHousingTexas.org](http://www.MercedHousingTexas.org) | Follow us @MercedHousingTexas

## COMMUNITY HELPFUL REMINDERS

- Rent is due on the 1st of each month; however, you still have until the 3rd to pay your rent without late fees. On the 4th of each month, a late fee will be added to your rent balance.
- ♦ Pest Control in our community is every Thursday. If you need services please call the office in advance to make a request.
- All trash bags should be placed inside the dumpsters, not outside your door.
- Remember to keep up with your A/C filters; you can stop by the office if you are in need of one.
- Please help keep our property, your home, looking attractive and clean. Keeping front doors and breezeways clear is a safety requirement.



Karnes City ISD will be on Spring Break starting Monday, March 11, through Friday, March 15. School will resume Monday, March 18. We wish all of our resident children a safe time off while enjoying the time at home or if taking a trip.



There will be no school on Friday, March 29, and Monday, April 1.

## KARNES COUNTY FOOD DISTRIBUTION

**Date:** Monday, March 4

**Time:** Gates open at 8:00 AM and cut-off time is at 10:00 AM (times are subject to change)

**Place:** Karnes County Show Barn  
1480 County Road 345



This food distribution is only for Karnes City residents. You must present a current ID as proof of your residency. Please remain in your vehicle as this is a drive-thru event. For more information, including future distribution dates, visit <http://www.co.karnes.tx.us/page/karnes.FoodBank>.

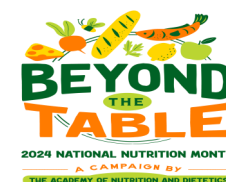
## RESOURCES

- VETERAN CRISIS LINE  
1.800.273.8225 (OPTION 1)
- KARNES CITY NON EMERGENCY POLICE NUMBER 830.780.3931
- HEAD START ELIGIBILITY  
830.331.89
- FIRE DEPARTMENT  
830.780.3400
- ANIMAL CONTROL OFFICER  
830.780.3422
- WORKFORCE SOLUTION ALAMO KARNES CITY 830.583.3332
- ALAMO AREA COUNCIL OF GOVERNMENT  
210.477.3275 OR 210.362.5200
- VETERAN CRISIS LINE  
1.800.273.8225 (OPTION 1)

## NUTRITION AWARENESS MONTH

Stay nourished on any budget.

- Learn cooking, food preparation and meal planning skills.
- Use a grocery list and shop sales when purchasing food.
- Learn about community resources such as SNAP, WIC and local food banks.
- Practice home food safety.



## VITA TAX PREP (VOLUNTEER INCOME TAX ASSISTANCE) 2024

There is still time to file your 2023 Income Tax. The VITA program offers free tax help to people who generally make \$64,000 or less, persons with disabilities, the elderly, and limited English speaking taxpayers who need assistance in preparing their own tax returns. IRS - certified VITA volunteers provide basic income tax return services without charge, ensuring 100% of the tax refund goes directly to the customer. In addition to VITA, the Tax Counseling for the Elderly (TCE) program offers free tax help for all taxpayers, particularly those who are **60 years of age and older**, specializing in questions about pensions and retirement-related issues unique to seniors.

For more information about locations and operation times in your area call 211 or visit [uwcb.org/vita](http://uwcb.org/vita).

For a full list of items to bring, visit <https://www.irs.gov/individuals/checklist-for-free-tax-return-preparation>.

## DON'T FORGET TO VOTE PRIMARY ELECTION



The Primary Election will take place March 5, 2024. If you are registered to vote, go to [co.karnes.tx.us/page/Karnes.Elections](http://co.karnes.tx.us/page/Karnes.Elections) to find your nearest polling station or call 830.780.2246. Your vote counts.

## KARNES CITY ISD ADULT EDUCATION STRESS LESS WITH MINDFULNESS

**Date:** Monday, March 4

**Time:** 5:00 PM—6:00 PM

**Place:** 302 Mayfield (Brown Brick Building by RES Gym)

Join other adults for a time of self-care as you listen to a presentation on "Laughter is Good Medicine" from a representative with Texas A&M AgriLife Extension. To reserve your spot or for more information email Dr. Yvette at [ybuehring@kisd.net](mailto:ybuehring@kisd.net) or call her at 830.780.6224.