

March 2024



NAVIGATION POINTE APARTMENTS

RESIDENT SERVICES
AT THIS COMMUNITY PROVIDED BY



SUN	MON	TUE	WED	THU	FRI	SAT
					1 	2
3 	4	5	6 National Oreo Day 	7	8 	9
10 	11	12	13	14 	15	16
17 	18	19	20	21	22 Springtime Painting Event 3:30 PM—5:30 PM	23
24 	25	26 Foodbank Distribution 10:00 AM-4:00 PM	27 	28 Egg Hunt 4:30PM	29	30
31 						

MERCED CORE VALUES: INTEGRITY | COMPASSION | SERVICE | COLLABORATION

MERCED HOUSING TEXAS MISSION

Merced Housing Texas creates and strengthens healthy communities by providing quality, affordable housing with supportive services for low-income individuals, families, and older adults

JOY MCGRAW

Resident Services Coordinator

Office Hours Offsite

Monday to Friday
9:00 AM to 5:00 PM

Office Hours On Site

Once a Month on Thursdays
or by Appointment Only

HOW WE CAN HELP YOU

Resident Services Coordinators provide resources and referrals to residents. We are committed to providing one-on-one assistance in navigating community resources as well as providing information and activities to promote overall wellness.



MARCH 2024 NEWSLETTER

Dear Residents,

I hope you all had a wonderful February!

Don't forget to set your clocks forward on the 10th this month!

Wear green on St. Patrick's Day! Easter is this month too!

I will be on site at Navigation Pointe twice a month, starting this month. Check your calendars for those dates. Come visit me in the lobby on those days if you need assistance with referrals or resources. Otherwise, please call me during my working hours of M-F, 9:30 am to 5:30 pm. Spring Break is March 11 through March 15.

Kind Regards,

Joy McGraw

830.370.4617

joy@mercedhousingtexas.org



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MESSAGE FROM PROPERTY MANAGER



- ◆ Please place all trash properly inside the dumpsters in an appropriate trash bag.
- ◆ If your unit needs to be serviced by Pest Control, please call the manager's office to schedule a service.
- ◆ Please make sure to secure your vehicle while in the parking lot by locking the doors and rolling up the windows.

FOOD BANK DISTRIBUTION

Date: Tuesday, March 26
(Fourth Tuesday of the month)
Time: 10:00 AM – 4:00 PM or while supplies last
Place: Clubhouse

The Food Bank will bring food to distribute among all residents who qualify. Please bring your ID and bags and/or shopping carts to carry all of your groceries.

If you are an older adult, come with someone to help you as it will be a heavy load of groceries.

If you have questions, please call the office at 361.289.5575.



MARCH BIRTHDAYS

Happy Birthday to all the March babies! I hope your birthday was enjoyable.

“Birthday lights, light bulbs on a birthday cake. What a difference that would make!”

Source: Caleb Brown/Poetry Foundation



EGG HUNT

Date: Thursday, March 28

Time: 4:30 PM

Place: Outside Front Office

Come enjoy some snacks and participate in a fun Egg Hunt to start your Easter festivities off! This event is put on by management at Navigation Pointe.



COMMUNITY SERVICES

Senior Companion Program

Phone: 361.826.3167

Volunteers assist with daily needs that include light housekeeping, meal preparation, respite care, social recreation and home management.

Corpus Christi Meals on Wheels Office

Phone: 361.826.3150

The Corpus Christi Meals On Wheels program provides home-delivered meals to home-bound elderly individuals.

SPRINGTIME PAINTING EVENT

Date: Friday, March 22

Time: 3:30 PM—5:30 PM

Place: Leasing Office Lobby

Come join us in a Spring painting picture party then stay for an Easter Egg Hunt. You will have various canvases to choose from. Paints and paint brushes will also be provided. Snacks will be served for all participants. Bring an Easter Egg Basket to enjoy an Easter Egg Hunt immediately after the painting activity. This event is sponsored by Merced Housing Texas, Head Start Program, and Asset Living Management.

VITA (VOLUNTEER INCOME TAX ASSISTANCE) FREE TAX PREPARATION ASSISTANCE

SITES ARE OPEN FROM JANUARY 16, 2024 TO APRIL 15, 2024.

The Volunteer Income Tax Assistance (VITA) Program provides free income tax return preparation to taxpayers earning up to \$55,000 annually. VITA helps working families and individuals take advantage of all of the tax credits they are eligible for, including the Earned Income Tax Credit (EITC), Child Tax Credit (CTC), and education credits.

Volunteers from the community help prepare basic, current-year tax returns for eligible taxpayers free of charge.

CORPUS CHRISTI VITA INFO: <https://www.uwcb.org/vita>

NATIONAL NUTRITION MONTH

March is *National Celery Month*.

It's a month to celebrate this marshland vegetable. You're up for a Celery-bration, aren't you!?



Of course you are! Native to the Mediterranean, celery is one of the best foods you can eat. It is very low in calories; some people even say it takes more calories to eat celery than the calories it contains. It is high in fiber, potassium, and vitamins A and C. Celery adds a tasty crunch to salads and tuna fish. It's great in soups, stuffing, and many other recipes. It is a great snack paired with a variety of dips, or peanut butter. And what would a Bloody Mary mock tail be without a stalk of celery!?

International Women's Day – Our favorite day of the year. International Women's Day has been celebrating the successes and challenging the injustices of women around the world for decades. While these injustices demand so much more time than just one day, International Women's Day is still an effective amplifier of the voices of women, and a powerful step in the right direction.

