

# March 2024

SUN	MON	TUE	WED	THU	FRI	SAT
 <p>March is <b>NATIONAL NUTRITION MONTH</b></p>					1 	2
3 	4	5	6 	7	8 	9
10 	11 Spring Break starts	12	13	14 	15	16
17 	18 School Resumes	19	20	21 	22	23
24	25	26 	27	28	29 No School	30
31 						



## FOUR SEASONS APARTMENTS



**MERCED CORE VALUES: INTEGRITY | COMPASSION | SERVICE | COLLABORATION**

### MERCED HOUSING TEXAS MISSION

Merced Housing Texas creates and strengthens healthy communities by providing quality, affordable housing with supportive services for low-income individuals, families, and older adults

#### MARTA GARCIA

Resident Services Program Manager

#### Off-Site Office Hours

Call for an Online or Phone Appointment

#### HOW WE CAN HELP YOU

Resident Services Coordinators provide resources and referrals to residents. We are committed to providing one-on-one assistance in navigating community resources as well as providing information and activities to promote overall wellness.



### MARCH 2024 NEWSLETTER

#### RESIDENT SERVICES AND MANAGEMENT MESSAGE



Dear Residents,  
Happy Spring! NRP Group welcomes Martha Sagaon as the New Community Manager.

Daylight Saving Time begins on Sunday, March 10 at 2:00 AM. Remember to set your clocks forward one hour before going to bed.

We want to wish all of our students a happy and enjoyable Spring Break starting on March 11.

Do not forget to wear your green on March 17, St. Patrick's Day, for good luck!

On March 31, we wish all of our Four Seasons families a Happy Easter, enjoying all that makes it fun for your family.

This is also National Nutrition Month, for more information visit [eatright.org/about-national-nutrition-month](https://eatright.org/about-national-nutrition-month).

#### Martha Sagaon, Community Manager

817.568.2563

[clearcreek@nrpgroup.com](mailto:clearcreek@nrpgroup.com)

#### Marta Garcia, Resident Services Program Manager

210.281.0234 ext. 208

[marta@mercedhousingtexas.org](mailto:marta@mercedhousingtexas.org)

Merced Housing Texas | 120 W. Mistletoe Ave/P.O. Box 12870

San Antonio, TX 78212

MESSAGE FROM PROPERTY MANAGER

- Please dispose of all trash properly inside the dumpsters in an appropriate trash bag. Do not throw trash outside the property or leave on the ground beside the dumpster or outside the enclosure.
- If your unit needs to be serviced by Pest Control, please call the manager’s office to schedule a service.
- Please help keep our property, your home, looking attractive and clean.

Four Seasons is in business with MPS Towing.

- Anyone without a resident sticker must park in the visitor parking and register the vehicle every 24 hours.
- Anyone parked in a resident parking spot without the proper sticker will be towed.
- Parking in front of the office is not permitted. Parking in this area is only for the office property staff or future residents.
- If you find your vehicle is towed, please contact MPS Towing at 817.834.1191.

AFTER SCHOOL PROGRAM — MEALS FOR KIDS

**Date:** Monday—Friday  
**Time:** 3:00 PM—5:00 PM  
**Place:** Community Room  
Covered in Faith Ministries continues to provide meals for our resident children after school each day. All children in our community are welcome to stop by and get a free meal.

PRIMARY ELECTION DON'T FORGET TO VOTE

The Primary Election will take place March 5, 2024. if you are registered to vote, or need more information on who’s running for office, visit [tarrantcountytexas.gov/en/elections/current-election-information](https://tarrantcountytexas.gov/en/elections/current-election-information).

SOCIAL SERVICES/ COMMUNITY ACTION PARTNERS

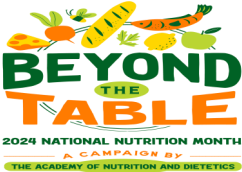
The City of Fort Worth’s Community Action Partners (CAP) serves as the Community Action Agency for Tarrant County and provides comprehensive services to economically disadvantaged individuals, families and the elderly. For more information on services they offer visit [fortworthtexas.gov/departments/neighborhoods/cap](https://fortworthtexas.gov/departments/neighborhoods/cap).



- Como Center - Community Action Partners Fort Worth  
4900 Horne Street  
Fort Worth, TX - 76107  
817.392.530
- Broadway Baptist Center Fort Worth  
305 W. Broadway Ave  
Fort Worth, TX - 76104  
817.336.7464
- Salvation Army - Tarrant  
1855 East Lancaster  
Fort Worth, TX - 76103  
817.344.1800
- Catholic Charities Fort worth—  
Help with limited financial assistance for rent, mortgage and utility bills 817.534.0814
- Legal Aid of Northwest Texas—  
offers free civil legal help to low-income Texans  
1.888.529.5277– General Intake  
1.800.955.3959 - Tarrant County

NUTRITION AWARENESS MONTH

- Stay nourished on any budget.
- Learn cooking, food preparation and meal planning skills.
  - Use a grocery list and shop sales when purchasing food.
  - Learn about community resources such as SNAP, WIC and local food banks.
  - Practice home food safety.



FREE VOLUNTEER INCOME TAX ASSISTANCE (VITA)

There is still time to file your 2023 Income Tax Return. The VITA program offers free tax help to people who generally make \$64,000 or less, persons with disabilities, the elderly, or people who need assistance in preparing their own tax returns. IRS-certified VITA volunteers provide basic income tax return services without charge, ensuring 100% of the tax refund goes directly to the customer.

**For more information about locations and operation times in your area call 211 or visit [unitedwaytarrant.org](https://unitedwaytarrant.org).**

**For a full list of items to bring, visit <https://www.irs.gov/individuals/checklist-for-free-tax-return-preparation>.**