

# March 2024

SUN	MON	TUE	WED	THU	FRI	SAT
					1  National Compliment Day	2
3 Caregiver Appreciation Day 	4	5	6  HAPPY DENTIST'S DAY	7 10:00 AM Social Hour  NATIONAL CEREAL DAY	8	9  March 8 National Barbie Day
10  DAYLIGHT SAVING TIME Spring	11 Johnny Appleseed Day 	12  NATIONAL PLANT A FLOWER DAY	13	14 10:00 AM Social Hour  HAPPY PI DAY 3.14	15	16
17  Happy St. Patrick's Day	18	19 Financial Class 1:30 PM  HAPPY First Day of Spring!	20 Resident Services Training	21 Resident Services Training / Resident Services Office Closed	22	23  Happy National DOG DAY!
24  Palm Sunday	25	26 Financial Class 1:30 PM	27  JOE NATIONAL JOE DAY	28 Produce Distribution 10:00 AM - 12:00 PM	29	30 NATIONAL  DOCTOR DAY



## CASITAS DE MERCED SENIOR APARTMENTS



MERCED CORE VALUES: INTEGRITY | COMPASSION | SERVICE | COLLABORATION

### MERCED HOUSING TEXAS MISSION

Merced Housing Texas creates and strengthens healthy communities by providing quality, affordable housing with supportive services for low-income individuals, families, and older adults.

**Claudia Franco**  
Resident Services Coordinator

**Office Hours:**  
Tuesday & Thursday  
9:00 AM - 5:00 PM

### HOW WE CAN HELP YOU

Resident Services Coordinators provide resources and referrals to residents. We are committed to providing one-on-one assistance in navigating community resources as well as providing information and activities to promote overall wellness.



### MARCH 2024 NEWSLETTER

#### RESIDENT SERVICES COORDINATOR MESSAGE:

Dear Residents,

Hello, my name is Claudia Franco and I am the new Resident Services Coordinator for Casitas de Merced. I am excited to be here to assist you and offer information on programs and services you may need.

Daylight Savings Time begins at 2:00 AM on Sunday, March 10, so make sure to set your clocks forward one hour before going to bed. Don't forget to wear green on Sunday, March 17, for St. Patrick's Day or else you'll get pinched! If you aren't a fan of the cold, then you're in luck because this month marks the beginning of Spring on March 19! Hello fresh weather!

I would like to remind you that on Thursday, March 21, the Resident Services office will be closed due to Resident Services Training.

The Produce Distribution will be on Thursday, March 28. Please read inside the newsletter for more information on this distribution.

I am looking forward to meeting you and working with all of you here at Casitas de Merced!

**Claudia Franco**  
210.281.0234 extension 216  
claudia@mercedhousingtexas.org



Merced Housing Texas | 120 W. Mistletoe Ave / P.O. Box 12870 San Antonio, TX 78212

www.MercedHousingTexas.org | Follow us @ MercedHousingTexas

## FOOD PANTRY AT SOMERSET SENIOR CENTER



**Dates:** Every Wednesday

**Time:** 10:00 AM—12:00 PM only

**Address:** 19375 K St. , Somerset, TX

The Food Pantry is open for families and seniors.

Please bring your ID when you go to pick up your food.

For more information please call 830.429.3255.

## UIW NURSING STUDENT HOME VISITS AND VACCINES



**Date:** Thursday, April 4

**Time:** 10:00 AM—3:00 PM

**Place:** Home Health Wellness

Visits and Vaccines in your Apartment

Nursing students from the University of the Incarnate Word will be here to make Home Health Wellness Visits and administer vaccines to residents who are interested. If you are interested in either of these great services, you will need to register with Claudia who will be making phone calls to residents. UIW Nursing students can assist with: fall risk prevention, understanding your medication schedules, blood pressure checks, feet checks, and weight management education. The following vaccines will be provided for those who are interested: COVID, Shingles, Pneumonia, Tetanus, and RSV.



## NEW UTILITY ASSISTANCE PROGRAM



How to apply for CPS Utility Assistance:

**Phone:** 210.353.6110

**Online application:**

English: <https://www.cpsenergy.com/arpa>

Spanish: <https://www.cpsenergy.com/arpa-sp>

How to apply for SAWS Utility Assistance:

**Phone:** 210.704.7297

**Online:** <http://www.saws.org/uplift>

If you need assistance in applying for either program, you can stop by the Community Room and ask Claudia to assist you during her office hours on Tuesday or Thursday.

## YOUR MONEY MATTERS SERIES

**Dates:** Tuesdays, March 19 and 26

**Time:** 1:30 PM

**Place:** Community Room

Please join us for a Financial Literacy Program that focuses on taking control of your finances! The 6-week series will be every Tuesday and begins on March 19 through Tuesday, April 16. We welcome Grace with Prairie View A & M University as the presenter. Light refreshments will be served at every class.



## SOCIAL HOUR

**Dates:** Thursdays, March 7 and 14

**Time:** 10:00 AM—12:00 PM

**Place:** Community Room

Come out and join us in the community room for social hour. This is an opportunity to chat with your neighbors, play a game, complete a word search, work on a puzzle or socialize with others. Enjoy some light snacks and refreshments.



## PRODUCE DISTRIBUTION

**Date:** Thursday, March 28

**Time:** 10:00 AM—12:00 PM (will vary)

**Place:** Delivery to your Apartment

Merced Housing Texas will be delivering a produce bag to all registered residents. The deadline to register is Thursday, March 22, by 3:00 PM. If you would like to receive a produce bag, please contact Claudia at 210.281.0234 ext. 216.



- CPS UTILITY ASSISTANCE  
210.353.2222
- PRESA TRANSPORTATION for medical appointments and grocery shopping 210.532.5554
- BEXAR COUNTY UTILITY ASSISTANCE  
210-335-6770
- FOOD BANK  
210.337.3663
- ALAMO AREA AGENCY ON AGING (AACOG) - 210.477.3275
- SOMERSET POLICE  
NON-EMERGENCY  
830.429.3255
- ALAMO AREA  
RESOURCE CENTER  
210.358.9995
- PLANET OAT 210.504.4862
- AGING AND DISABILITY SERVICES  
1-888-747-1122.
- SOMERSET UNITED METHODIST  
CHURCH (8175 7TH ST)  
FOOD PANTRY EVERY  
WEDNESDAY AT 10:00 AM  
FOR MORE INFORMATION,  
CALL 830.429.3255.