Dear Residents,

I hope everyone has had a great start to the school year! Remember to be careful when driving in school zones, and always be on the lookout for children out and about on the property, getting on and off buses, or walking to and from school.

Please note, the office will be closed on Monday, September 2, for the Labor Day holiday.

Trudia Preston  
CRHM, Property Manager

GOLIAD NATIONAL BANK FAMILY FUN NIGHT

Date: Sunday, September 22  
Time: 4:00 PM – 5:00 PM  
Place: Community Room

Bring your neighbors and family for a fun event with Goliad National Bank! Representatives will be here to answer your questions and give you information about budgeting and other financial information and services. We will serve hot dogs, chips and drinks, and there will be fun activities for everyone to participate in!

MIDCOAST FAMILY SERVICES

Place: 111 S. Liberty  
Victoria, TX 77901  
Main Phone: 361/575-7842  
888/575-7842  
Crisis Phone: 361/573-HELP (4357)  
800/870-6368

Midcoast Family Services offers a variety of supportive services for women, children, and families experiencing abuse, violence, or other hardship. Some of the services they offer are:

- Women's Crisis Center
- Sexual assault services
- Family violence prevention
- Family violence services
- Homeless Prevention
  - Call 361/575-2989

This organization can provide support for families, including advocacy. Services are free and open to anyone in need. For more information or assistance, call the main phone above or the crisis line for immediate help.

CHICKEN SALAD WRAP RECIPE

Nutrition
Calories: 312  
Fat: 14g  
Carbs: 21g  
Protein: 27g  
Fiber: 2g

Ingredients
- 1 can chicken, drained
- 2 tbsp. chopped onion
- 2 tbsp. mayonnaise
- ¼ cup salsa
- 2 wheat tortillas
- Lettuce or spinach leaves

Directions
Combine chicken, onion, mayonnaise and salsa in a bowl. Line tortillas with lettuce or spinach. Add filling to tortilla, and roll and wrap. Refrigerate for later, or enjoy now!