

The Whispering Willow Artisan at Willow Springs, 535 Gembler Road, San Antonio Texas

JANUARY 2019

Dear Residents,	OUT OF SCHOOL ENRICHMENT
Happy New Year! It's out with the old, and in with the new. As we reflect on the New Year, let's also think of new ideas, suggestions and resolutions we can work on together. Come to the Resident Services Office and fill out a survey or request form about what you'd like to see on property for this year. Please note, Resident Services will be closed on	Parents and their child(ren) at Willows are invited to come to the Activity Room and fill out an enrollment packet for our Out of School Enrichment program! We will have a calendar of fun events each month, including arts and crafts, San Antonio Food Bank
Monday, January 21 for Martin Luther King, Jr. Day. DeeAnn Guajardo Resident Services Coordinator	snack demonstrations, Frost Bank money camp, and many more fun activities!
HEALTH AND WELLNESS GROUP	We are always looking for volunteers and mentors. If you are
Date: Tuesday, January 15 Time: 12:00 PM – 1:00 PM Place: Activity Room	interested in helping out, contact DeeAnn for more information.
Let's join together for exercise activities, healthy recipes, and fun socializing! We will share a specific topic to focus on, and will have a quick and easy demonstration of a delicious and healthy recipe or snack.	You can stop by the Activity Room any time during open hours to speak with DeeAnn and register your child(ren) in the program. Call 210/212-4116 with questions.
CSFP (CHEESE BOX)	RESIDENT SERVICES HOURS
Date: Friday, January 11 Time: 11:00 AM – 2:00 PM Place: Activity Room	DeeAnn Guajardo Monday, Tuesday, Thursday, Friday
Make sure to bring your ID with you to pick up your box. If you are not able to pick up your box, send an approved proxy with a note to pick it up for you. Contact DeeAnn for questions or information about joining the program.	9:30 AM - 5:30 PM Wednesday 10:30 AM - 5:30 PM Phone: 210/212-4116 DeeAnn@mercedhousingtexas.org
BUDGETING AND BASIC BANKING CLASS	Resident services at this community
Date: Monday, January 7 Time: 5:00 PM – 6:00 PM Place: Resident Community Room	provided by: MERCED HOUSING TEXAS
Frost Bank will be here to answer any questions you may have about basic banking, and to assist you in creating a personal budgeting and finance plan. You may be eligible to have fees waived – contact management in advance for approval. Pre- sign up is required at the office before the class.	Merced Housing Texas 212 W Laurel St. San Antonio, TX 78212 210/281-0234 www.MercedHousingTexas.org

MERCED'S MILITARY MINUTE



JANUARY 2019

This section of our newsletter provides information about services available specifically for our military residents and their families. For more assistance or information, contact your leasing office and/or the Resident Services Coordinator.



MILITARY AND VETERANS SERVICES CENTER

Date: Mondays – Fridays Time: By Appointment Only Place: 1422 E. Grayson St., 4th Floor 210/335-6775 *Vets@Bexar.org*



The Services Center offers appointments for benefits counseling and referrals for specialized services offered by a variety of organizations. For more information and to make an appointment, call or email using the contact information above.

SAN ANTONIO VETERANS JOB FAIR

Date: Thursday, January 10 Time: 11:00 AM – 3:00 PM Place: San Antonio Shrine Auditorium 901 N. Loop 1604 W.

This job for is for transitioning military members, veterans and their spouses. There will be many exhibitors, including:

- USAA
- Intel
- PepsiCo

Dress to impress, bring your resume, and come meet all of the great exhibitors. For more information and to register, visit *https://events.recruitmilitary.com/events/sanantonio-veterans-job-fair-january-10-*2019#registration.

CALL A RIDE 4 VETS

This free service is for veterans, their family, caregivers and surviving spouses. Rides are available Monday through Friday from 8:00 AM to 5:00 PM. Call 210/362-5254 to schedule an appointment 7 - 10 days in advance.

24/7 VETERAN'S CRISIS LINE

Call 800/273-8255 and press 1

Or text to 838255

STEVEN A. COHEN MILITARY CLINIC AT ENDEAVORS

Dates and Times: Mondays: 8:00 AM – 6:00 PM Tuesdays – Thursdays: 8:00 AM – 8:00 PM Fridays: 8:00 AM – 3:00 PM Saturdays: 9:00 AM – 1:00 PM Place: 6363 De Zavala Rd., Suite 300 210/399-4838 *SAClinic*@*Endeavors.org* This clinic provides services to post – 9/11 Veterans and their family members, including: • Those who do not get mental healthcare through the VA

- Those who are ineligible for VA care (due to discharge status or other circumstances)
- Family of service members

This clinic provides many services, including but not limited to:

- Individual, group, family, children, and couples therapy
- Workshops and seminars
- Wellness groups such as yoga, tai chi, and cognitive behavioral therapy

For more information or to make an appointment, call the number above or send an email to the address above.