



# The Whispering Willow

Artisan at Willow Springs, 535 Gemblor Road, San Antonio Texas

**DECEMBER 2018**

Dear Residents,

The holidays are an exciting time, and hot chocolate is a must! It can be hard not to go over budget, so this is a great time to take advantage of our budgeting class. The San Antonio Public Library, DoSeum, and other places have fun holiday events throughout the season! Visit [alamocity.citymomsblog.com](http://alamocity.citymomsblog.com) for information, or contact me.

Please note, the office will be closed on Tuesday, December 25 for the holiday.

DeeAnn Guajardo  
Resident Services Coordinator



## HOLIDAY BINGO

Date: Friday, December 7

Time: 12:00 PM – 2:00 PM

Place: Resident Community Room

Future Concepts Gonzales Insurance will be joining us for a question-answer session! Get the most up-to-date information on:

- Health Insurance
- Medicare
- Life Insurance
- Funeral Pre-Plans
- Open Enrollment

After the presentation, we will play a fun holiday Bingo with prizes. Potluck style refreshments will also be available. Pre-sign up is located in the Activity Room. Contact Resident Services at 210/212-4116 for more information.

## FAMILY HOLIDAY ART PROJECT

Date: Thursday, December 13

Time: 3:00 PM – 5:00 PM

Place: Activity Room



San Antonio Parks and Recreation will be here to visit with our Out of School Enrichment Program and teach a holiday art project for resident families! Family bonding is priceless, and listening, working and spending time together is important. Stop by the Activity Room and sign up in advance!

## BUDGETING AND BASIC BANKING CLASS

Date: Monday, December 17

Time: 5:00 PM – 6:00 PM

Place: Resident Community Room



Frost Bank will be here to answer any questions you may have about basic banking, and to assist you in creating a personal budgeting and finance plan. You may be eligible to have fees waived – contact management in advance for approval. Pre-sign up is required at the office before the class.

## RESIDENT SERVICES HOURS

DeeAnn Guajardo

Monday, Tuesday, Thursday,

Friday

9:30 AM - 5:30 PM

Wednesday

10:30 AM - 5:30 PM

Phone: 210/212-4116

[DeeAnn@mercedhousingtexas.org](mailto:DeeAnn@mercedhousingtexas.org)

## YOUTH NUTRITION CLASS

Date: Tuesday, December 11

Time: 3:00 PM – 5:00 PM

Place: Activity Room



Melissa with the San Antonio Food Bank will be here to demonstrate how to make delicious, kid-friendly snacks for the holidays! All resident children are invited to attend.

Resident services at this community provided by:



Merced Housing Texas

212 W Laurel St.

San Antonio, TX 78212

210/281-0234

[www.MercedHousingTexas.org](http://www.MercedHousingTexas.org)



# MERCED'S MILITARY MINUTE

DECEMBER 2018



This section of our newsletter provides information about services available specifically for our military residents and their families. For more assistance or information, contact your leasing office and/or the Resident Services Coordinator.



## VETERAN CAREER AND RESOURCE FAIR

Date: Friday, December 7  
Time: 11:00 AM – 2:00 PM  
Place: SCI South Campus  
238 Southwest Military Drive



Come meet with over 40 companies and vendors, as well as Veteran resource agencies! Get informed about your choices and get back into the workforce. For more information and to register, visit <https://www.eventbrite.com/e/2018-sci-veteran-career-resource-fair-tickets-51836894547>.

## TEXAS VETERANS LEADERSHIP PROGRAM

Dates and Times: Mondays, Wednesdays, and Fridays: 8:00 AM – 5:00 PM  
Tuesdays and Thursdays: 8:00 AM – 5:30 PM

Place: Various Locations

This program is headed by specialists who have all served in the Afghanistan or Iraq wars. These individuals can help you find resources and referrals tailored to fit your needs. They can also help you coordinate with different programs, such as employment, medical care, mental health and counseling, and more. For more information and to find a nearby location, call 888/VET-TEX1 or visit <http://www.workforcesolutionsalamo.org/services-2/jobseekers/veterans-services>.

## FLU SHOTS

Cold and flu season is upon us! Make sure you take steps to keep yourself healthy, including washing your hands properly, covering your mouth and nose, and avoiding exposing others if you are feeling sick. One of the best protections you can have is a flu shot!

Flu shots are free with TRICARE. For more information on TRICARE and the flu shot, visit <https://tricare.mil/CoveredServices/IsItCovered/FluVaccine>.

Find a Military Hospital near you at this link: <https://tricare.mil/FindDoctor/mtf>.

To find a participating pharmacy, visit <https://www.express-scripts.com/TRICARE/pharmacy/findpharmacy.shtml> or call 877/363-1303.

## CALL A RIDE 4 VETS

This free service is for veterans, their family, caregivers and surviving spouses. Rides are available Monday through Friday from 8:00 AM to 5:00 PM. Call 210/362-5254 to schedule an appointment 7 – 10 days in advance.

## 24/7 VETERAN'S CRISIS LINE

Call 800/273-8255 and press 1

Or text to 838255

## MY HEALTHeVET

This website has tips and tools to help you, your family and your partner stay connected with your healthcare team.

With My HealtheVet, you can view and refill prescriptions, keep track of your appointments, communicate securely with your healthcare team, view and print medical records, and much more. For more information or to register for this free VA service, visit <https://www.myhealth.va.gov/>.

