



Stablewood Farms Apartment Homes

Stablewood Farms Apartment Homes 8301 Lake Vista Drive San Antonio, TX 78227

NOVEMBER 2018

Dear Residents,

Thank you to all of our wonderful residents who came by our National Night Out event! It was a great success and we hope you all enjoyed yourselves as much as we did.

Don't forget – set your clocks back one hour on Sunday, November 4 for Daylight Saving's Time!

We want to wish all of our residents here at Stablewood Farms a happy Thanksgiving! Please note, our office will be closed on Thursday, November 22 for the holiday.

Electra Taylor
Property Manager



BLUE SANTA CHRISTMAS ASSISTANCE APPLICATIONS

Date: Thursday, November 1 –
Saturday, December 1

Place: West Substation
7000 Culebra Rd.
210/207-7420

Each year the San Antonio Police Department works with the community to provide gifts and Christmas assistance to those in need. To fill out an application to receive assistance, bring a valid ID with your current address and a birth certificate for each child to any SAPD substation and fill out an application. Deliveries are usually on December 20 – December 24. For more information and list of other substations, visit <https://sapdbluesanta.org/become-a-family-we-serve/> or call the number above.

Please note – you cannot apply for other programs if you applied for the Elf Louise program in September!

NEW REALITIES IN EMPLOYABILITY

INTERVIEW SESSION:

Date: Wednesday, November 7
Time: 9:30 AM – 12:00 PM

Learn how to interview well, including learning the popular STAR technique. There will be experienced interviewers onsite ready to coach you and answer your questions.

NETWORKING:

Date: Wednesday, November 14
Time: 9:30 AM – 12:00 PM

Learn how to network, how to use LinkedIn, and hear from Dress for Success San Antonio and Career Gear San Antonio!



Both events will take place at 600 N. Frio. These events are for those 18 years and older, and refreshments will be served. RSVP is appreciated.

To RSVP, email RSVP@dfssa.org. For more information or if you have any questions, call 210/737-1515 or email carmen@dfssa.org.



WALGREENS FLU SHOTS

Flu shots are available at your local Walgreens pharmacy. Call 210/673-0817 for more information or to make an appointment.

OFFICE HOURS

Monday-Friday
9:00 AM - 6:00 PM
Saturday
10:00 AM - 5:00 PM
Phone: 210/645-9100

Resident services at this community provided by:



Merced Housing Texas
212 W Laurel St.
San Antonio, TX 78212
210/281-0234

www.MercedHousingTexas.org



MERCED'S MILITARY MINUTE

NOVEMBER 2018



This section of our newsletter provides information about services available specifically for our military residents and their families. For more assistance or information, contact your leasing office and/or the Resident Services Coordinator.



YOGA AND MEDITATION

Date: Wednesdays
Time: 6:15 PM – 7:15 PM
Place: Cohen Military Family Clinic –
at Endeavors
6363 De Zavala Rd. Suite 300



This class is about self-compassion, feeling strong, letting go, and feeling more grounded. You do not have to be experienced to attend! To RSVP, call 210/399-4838 or email SAclinic@endeavors.org. Childcare is available with an RSVP.

FLU SHOTS

Cold and flu season is upon us! Make sure you take steps to keep yourself healthy, including washing your hands properly, covering your mouth and nose, and avoiding exposing others if you are feeling sick. One of the best protections you can have is a flu shot!

Flu shots are free with TRICARE. For more information on TRICARE and the flu shot, visit <https://tricare.mil/CoveredServices/IsItCovered/FluVaccine>.

Find a Military Hospital near you at this link: <https://tricare.mil/FindDoctor/mtf>.

To find a participating pharmacy, visit <https://www.express-scripts.com/TRICARE/pharmacy/findpharmacy.shtml> or call 877/363-1303.

CALL A RIDE 4 VETS

This free service is for veterans, their family, caregivers and surviving spouses. Rides are available Monday through Friday from 8:00 AM to 5:00 PM. Call 210/362-5254 to schedule an appointment 7 – 10 days in advance.

24/7 VETERAN'S CRISIS LINE

Call 800/273-8255 and press 1

Or text to 838255

SOAR TO EMPLOYABILITY WORKSHOP

Dates: *Friday, November 9:* Networking – Elevator Pitch and Social Media

Friday, November 16: Resumes – ATS and Military Translation

Friday, November 30: Interviewing – Behavioral Interviews

Friday, December 7: Professional Building – Professional Image and Personal Style

Time: 9:00 AM – 12:00 PM

Place: Dress for Success San Antonio
600 N. Frio

Register for this free event for an in-depth, comprehensive experience towards becoming a professional with tools and tips for your job applications, job searches, and how to market yourself. Attendance is expected at all four sessions for those who register. You can also potentially receive interview apparel if you attend.

To RSVP and register, call 210/737-1515 or email Delores@dfssa.org.

