



# The Casitas de Villa Corona Caller

Casitas de Villa Corona Apartments 339 S.W 39<sup>th</sup> Street, San Antonio, Texas 78237

**OCTOBER 2018**

Dear Residents,

Thank you all for your patience during all of the changes that have been going on. The holidays are approaching and I hope to see everyone at our presentations and events! They provide great information and fun activities. Thanksgiving and Christmas are coming up – let's get together and plan for fun events!

Ruben Aleman,  
Resident Services Coordinator



## FOOD DISTRIBUTIONS

### Project HOPE

Date: Monday, October 1  
Time: 9:30 AM – 12:00 PM

### CSFP (Cheese Box)

Date: Monday, October 22  
Time: 9:00 AM – 12:00 PM

## BIHL HAUS GO! ART CLASSES

Date: Thursdays  
Time: 10:00 AM – 12:00 PM  
Place: Community Room

Come learn art techniques from talented instructors and create your own masterpieces! You don't have to have experience to participate.

## NATIONAL NIGHT OUT

Date: Tuesday, October 2  
Time: 11:00 AM – 3:00 PM  
Place: Outside – In Front of Office

We are looking for volunteers to help prepare food and set up for the big event! Join us for music, food, loteria and prizes.

## WELLCARE PRESENTATION

Date: Monday, October 22  
Time: 11:00 AM – 12:00 PM  
Place: Community Room

Mayra Sanchez will be joining us to give us information about Medicare. She will answer questions, and bring cake and goodies for everyone!

## HUMANA ICE CREAM SOCIAL

Date: Friday, October 12  
Time: 1:00 PM – 2:00 PM  
Place: Community Room

Ana with Humana will bring us a sweet treat to enjoy while we catch up together!

## HUMANA BINGO

Date: Monday, October 29  
Time: 1:00 PM – 2:00 PM  
Place: Community Room

Join us to have your insurance questions answered and to play Bingo with prizes!

## COMMUNITY MANAGER

Doris Aguirre

## LEAD MAINTENANCE TECHNICIAN

Jerry Martinez

## RESIDENT SERVICES HOURS

Mondays and Fridays:  
9:00 AM – 5:00 PM  
Wednesdays: 10:00 AM – 1:00 PM  
Phone: 210/432-2030  
Ruben@mercedhousingtexas.org

## DIABETES PRESENTATION

Date: Friday, October 12  
Time: 11:00 AM – 12:00 PM  
Place: Community Room

Let's welcome Henry Angel, PA, CHW, CCM from the Texas Department of State Health Services as he gives a presentation on diabetes and the secondary effects the disease can have. He will go over prevention and how to control diabetes.



Resident services at this community provided by:



Merced Housing Texas  
212 W Laurel St.  
San Antonio, TX 78212  
210/281-0234

[www.MercedHousingTexas.org](http://www.MercedHousingTexas.org)





# The Casitas de Villa Corona Caller

Departamentos Casitas de Villa Corona, 339 S.W 39<sup>th</sup> Street, San Antonio, Texas 78237

**OCTUBRE 2018**

Estimados Residentes:

Gracias a todos por su paciencia durante todos los cambios que hemos tenido recientemente. ¡Se acerca la temporada festiva y espero verlos a todos en nuestras presentaciones y eventos! Se les brinda información importante y tenemos actividades divertidas. ¡Ya vienen las fechas de Día de Acción de Gracias y Navidad – reunámonos para planear eventos divertidos!

Ruben Aleman  
Coordinador de Servicios para los Residentes

## DISTRIBUCIÓN DE ALIMENTOS

### PROYECTO ESPERANZA

Fecha: lunes 1<sup>o</sup> de octubre  
Horario: 9:30 a.m. – 12:00 p.m.

### CAJA DE QUESO (CSFP)

Fecha: lunes 22 de octubre  
Horario: 9:00 a.m. – 12:00 p.m.

## CLASE DE ARTE BIHL HAUS ¡GO!

Fecha: jueves  
Horario: 10:00 a.m. – 12:00 p.m.  
Lugar: Salón Comunitario

¡Vengan a aprender técnicas de arte de nuestros talentosos instructores para crear sus propias obras de arte! No necesitan tener experiencia previa para participar.

**GERENTE DE LA COMUNIDAD**  
Doris Aguirre

**TÉCNICO DE MANTENIMIENTO**  
Jerry Martinez

### HORARIO DE SERVICIOS PARA LOS RESIDENTES

lunes y viernes  
9:00 a.m. - 5:00 p.m.  
miércoles  
10:00 a.m. - 1:00 p.m.  
Teléfono: **210/432-2030**  
**Ruben@mercedhousingtexas.org**

Los servicios a los residentes en esta comunidad son proporcionados por:



Merced Housing Texas  
212 W. Laurel St.  
San Antonio, TX 78212  
210/281-0234  
[www.MercedHousingTexas.org](http://www.MercedHousingTexas.org)



## NOCHE NACIONAL PARA LA SEGURIDAD

Fecha: martes 2 de octubre  
Horario: 11:00 a.m. – 3:00 p.m.  
Lugar: patio al lado de la oficina

¡Estamos buscando voluntarios para ayudar a preparar la comida y ayudar a organizar el gran evento! Acompañenos para disfrutar la música, comida y lotería con premios.

## HELADO Y REUNIÓN SOCIAL POR PARTE DE HUMANA

Fecha: viernes 12 de octubre  
Horario: 1:00 – 2:00 p.m.  
Lugar: Salón Comunitario

¡Ana por parte de *Humana* nos traerá helado para disfrutarlo durante su presentación!

## PRESENTACIÓN POR PARTE DE WELLCARE

Fecha: lunes 22 de octubre,  
Horario: 11:00 a.m. – 12:00 p.m.  
Lugar: Salón Comunitario

Mayra Sanchez vendrá a brindarnos información acerca de *Medicare*. ¡Responderá a sus preguntas y traerá pastel y golosinas para todos los asistentes!

## BINGO POR PARTE DE HUMANA

Fecha: lunes 29 de octubre  
Horario: 1:00 – 2:00 p.m.  
Lugar: Salón Comunitario

¡Acompañenos a esta presentación para que respondan a sus preguntas relacionadas con sus seguros médicos y para jugar Bingo con premios!

## PRESENTACIÓN ACERCA DE LA DIABETES

Fecha: viernes 12 de octubre  
Horario: 11:00 a.m. – 12:00 p.m.  
Lugar: Salón Comunitario

Démosle la bienvenida a Henry Angel, *PA, CHW, CCM* del Departamento de Servicios para la Salud del Estado de Texas, quien nos ofrecerá una presentación acerca de la diabetes y los efectos secundarios que esta enfermedad puede provocar. Nos hablará acerca de la prevención y como controlar dicha enfermedad.

# MERCED'S MILITARY MINUTE

OCTOBER 2018



This section of our newsletter provides information about services available specifically for our military residents and their families. For more assistance or information, contact your leasing office and/or the Resident Services Coordinator.



## MY HEALTHeVET

This website has tips and tools to help you, your family and your partner stay connected with your healthcare team.



With My HealtheVet, you can view and refill prescriptions, keep track of your appointments, communicate securely with your healthcare team, view and print medical records, and much more. For more information or to register for this free VA service, visit <https://www.myhealth.va.gov/>.

## FLU SHOTS

Cold and flu season is upon us! Make sure you take steps to keep yourself healthy, including washing your hands properly, covering your mouth and nose, and avoiding exposing others if you are feeling sick. One of the best protections you can have is a flu shot!

Flu shots are free with TRICARE. For more information on TRICARE and the flu shot, visit <https://tricare.mil/CoveredServices/IsItCovered/FluVaccine>.

Find a Military Hospital near you at this link: <https://tricare.mil/FindDoctor/mtf>.

To find a participating pharmacy, visit <https://www.express-scripts.com/TRICARE/pharmacy/findpharmacy.shtml> or call 877/363-1303.

## CALL A RIDE 4 VETS

This free service is for veterans, their family, caregivers and surviving spouses. Rides are available Monday through Friday from 8:00 AM to 5:00 PM. Call 210/362-5254 to schedule an appointment 7 – 10 days in advance.

## 24/7 VETERAN'S CRISIS LINE

Call 800/273-8255 and press 1

Or text to 838255

## TRANSITIONS CAREERS – DEFENSE, IT, CYBER AND INTEL HIRING FAIR

Date: Wednesday, October 3  
Time: 11:00 AM – 2:00 PM  
Place: JBSA – Randolph AFB  
Kendrick Club  
1039 3<sup>rd</sup> W Street

Link to information and registration:  
<http://transitioncareers.com/events/rafb/>

Date: Thursday, October 4  
Time: 11:00 AM – 2:00 PM  
Place: Fort Sam Houston Golf Club  
1050 Harry Wurzbach Road

Link to information and registration:  
<http://transitioncareers.com/events/fsh/>

These hiring fairs are focused on service members and veterans with experience in Defense, IT, Cyber, and Intel skills. There is free admittance for military, government civilians, contractors and family.

At the event, you will get to create an anonymous job board account. They will also have services onsite for a free resume critique (please submit your resume beforehand at the appropriate link above). There will also be job search agents available to help you navigate employers, job postings and much more.