

## The Whispering Willow

Artisan at Willow Springs, 535 Gembler Road, San Antonio Texas **AUGUST 2018** 

Dear Residents,

Good luck to all of our resident students as they get ready to hit the books again! The first day of school will be Monday, August 13.

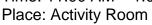
I want to give parents a high five and congratulate them on making it a fun and safe summer for all of the kids here!

DeeAnn Guajardo Resident Services Coordinator



### CSFP (CHEESE BOX)

Date: Friday, August 10 Time: 11:00 AM - 1:00 PM





This program is for adults 60 years and above that are income eligible. Contact DeeAnn to register. If you are already registered, remember to bring your ID to pick up your box and that boxes are given on a first come, first served basis.

### **VOLUNTEER COMMITTEE MEETING**

Date: Monday, August 27 Time: 12:00 PM - 1:00 PM

Place: Activity Room



Join us to talk about upcoming events and how you can help with our regular events, such as the Afterschool Program, cellular on patrol and more options. Contact DeeAnn for more information.

### FINANCIAL BUDGETING CLASS

Date: Wednesday, August 29 Time: 5:00 PM – 6:00 PM





Daniel with Frost Bank will be here to talk with us about budgeting, tips to create a financial plan, and more. Sign up with DeeAnn in advance, and you could be eligible to have late fees waived if you attend.

### AFTERSCHOOL ENRICHMENT PROGRAM ENROLLMENT

Start Date: Tuesday, August 28

Time: 3:30 PM - 5:00 PM Place: Activity Room

This program is open to resident students in grades 1 - 5. The program

will take place on

Tuesdays – Thursdays during the school year in the afternoon. The Resident Services Coordinator, along with volunteers, will provide homework help, fun and educational activities, games, arts and crafts, and more. We will provide a snack and drink each day of the program. We offer yoga classes and tablet activities to children in the program, as well as various presentations and demonstrations. For more information and to complete the required enrollment, contact DeeAnn.

### RESIDENT SERVICES HOURS

DeeAnn Guajardo Monday, Tuesday, Thursday, Friday 9:30 AM - 5:30 PM Wednesday 10:30 AM - 5:30 PM Phone: 210/212-4116

DeeAnn@mercedhousingtexas.org

Resident services at this community provided by:



Merced Housing Texas 212 W Laurel St. San Antonio, TX 78212 210/281-0234 www.MercedHousingTexas.org









### MERCED'S MILITARY MINUTE

**AUGUST 2018** 



This section of our newsletter provides information about services available specifically for our military residents and their families. For more assistance or information, contact your leasing office and/or the Resident Services Coordinator.



#### MILITARY MEDICINE MONTH

August is the Tricentennial Military Medicine Month and a great time to get your medical and health information in order using MyHealtheVet! This is an online service allowing you to focus on your health. By creating an account, you can refill and view your prescriptions, keep track of your appointments, get secure messages, and print and view medical record information. To make an account or for more information, visit <a href="https://www.myhealth.va.gov/mhv-portal-web/home">https://www.myhealth.va.gov/mhv-portal-web/home</a>.

### SAN ANTONIO VETERAN'S JOB FAIR

Date: Thursday, August 30 Time: 11:00 AM – 3:00 PM Place: Shrine Auditorium 901 N. Loop 1604 W



Exhibitors include Toyota Manufacturing, Wells Fargo, USAA, and many more!

Veterans, transitioning personnel, National Guard members, Reserve members, and spouses are all welcome at the event! For more information, including a full list of exhibitors and information about the venue, visit <a href="https://events.recruitmilitary.com/events/san-antonio-veterans-job-fair-august-30-2018">https://events.recruitmilitary.com/events/san-antonio-veterans-job-fair-august-30-2018</a>.

### CALL A RIDE 4 VETS

This free service is for veterans, their family, caregivers and surviving spouses. Rides are available Monday through Friday from 8:00 AM to 5:00 PM. Call 210/362-5254 to schedule an appointment 7 – 10 days in advance.

### 24/7 VETERAN'S CRISIS LINE

Call 800/273-8255 and press 1

Or text to 838255

# VA COMMUNITY MENTAL HEALTH AND WELLNESS SUMMIT: EMPOWER AND CONNECT

Date: Thursday, August 9
Time: 10:00 AM – 3:00 PM
Place: St. Philip's College
Sutton Learning Center
105 Mittman Street



Registration and check-in for this event will start one hour prior to start time, at 9:00 AM. This event will exhibit and feature:

- Resources available to veterans and their families
- Veterans speaking on overcoming challenges and what resources they used
- Information on Post Traumatic Stress Disorder and suicide prevention
- Resource fair for more information and referrals

There will be a shuttle running from the Registration area to the event area on campus. For more information, visit

https://www.eventbrite.com/e/2018-va-community-mental-health-wellness-summit-empower-connect-tickets-46240550732?aff=ebdssbdestsearch. This event is hosted by South Texas Veterans Health Care System.