



Stablewood Farms Apartment Homes

Stablewood Farms Apartment Homes 8301 Lake Vista Drive San Antonio, TX 78227

MAY 2018

Dear Residents,

I hope everyone is enjoying the warm weather and had a great time celebrating Fiesta last month! The end of the school year is almost upon us, so take advantage of the summer camps available. We will have more information about summer lunch programs in our newsletter next month!

We want to wish all mothers, grandmothers, and female role models a Happy Mother's Day! Please note the office will be closed Monday, May 28 for Memorial Day. The pool is now open for resident use, so enjoy the cool water as the weather gets hotter!

Electra Taylor
Property Manager



CITY OF SAN ANTONIO SUMMER YOUTH PROGRAM

Date: Monday, June 11 – Friday, August 10
Time: 7:30 AM – 5:00 PM
Place: Various Community Centers

Community Center sites are open to children ages 6 – 14 years old, and the school sites are open for ages 6 – 12 years. There will be active games, educational opportunities and more. A lunch and snack are also provided every day. For more information, including the dates of information sessions, visit <http://www.sanantonio.gov/ParksAndRec/Programs-Classes-Fun/Programs-Classes/Program-Details/ArtMID/16180/ArticleID/4215/Summer-Youth-Program?Park=&Facility=>.

Financial aid is available dependent on family income. For a fee chart for the camp, visit <http://www.sanantonio.gov/Portals/0/Files/Parks/ProgramsAndClasses/2018%20SYP%20Fee%20Chart%20Eng-Span.pdf?ver=2018-03-06-181159-227>. You must provide your 2017 tax return, one of TANF/SNAP/SSI/Medicaid/CHIP award documents, or other public or government benefit award documents.

CPS AFFORDABILITY DISCOUNT

This program offers a discount on your monthly bill. To qualify, your income must be at or below 125% of the federal poverty guidelines and you must meet one of the following criteria:

- Be 60 years or older
- Have a disability
- Use life-sustaining medical equipment
- Have pre-school aged children, or school children 18 years and under
- Have extenuating circumstances as determined by CPS or the City of San Antonio

For more information, call 210/353-6777. To apply online, visit <https://www.cpsenergy.com/en/forms/res-affordability-discount-form.html>.

CHAPEL HILL UNITED METHODIST CHURCH FOOD PANTRY

Date: Tuesdays and Thursdays
Time: 9:00 AM – 12:00 PM
Place: Chapel Hill UMC
4114 SW Loop 410

To qualify, you must be a San Antonio resident and bring an ID and proof of residence. Call 210/273-0000 for more information.

OFFICE HOURS

Monday-Friday
9:00 AM - 6:00 PM
Saturday
10:00 AM - 5:00 PM
Phone: 210/645-9100

Resident services at this community provided by:



Merced Housing Texas
212 W Laurel St.
San Antonio, TX 78212
210/281-0234

www.MercedHousingTexas.org



MERCED'S MILITARY MINUTE

MAY 2018



This section of our newsletter provides information about services available specifically for our military residents and their families. For more assistance or information, contact your leasing office and/or the Resident Services Coordinator.



VETERAN'S BENEFIT FAIR

Date: Saturday, May 5
Time: 10:00 AM – 1:00 PM
Place: Audie L. Murphy Memorial VA Hospital
7400 Merton Minter



The Veteran's Land Board is holding this event to connect veterans with local, state and federal benefits available to them. For more information call 800/252-8387 or visit <http://www.glo.texas.gov/vlb/events/index.html>.

SUPPORT GROUP: SELF CARE

Date: 2nd and 4th Tuesdays
Time: 5:00 PM – 6:00 PM
Place: Steven A. Cohen Military Family Clinic at Endeavors
6363 De Zavala Road, Suite 300

This support group meets twice monthly and works on helping members develop emotional first aid techniques, healthy communication skills, and mindfulness.

This group is open to veterans and their family members that are 18 years and older. Childcare is available with RSVP. To RSVP or for more information, email SAclinic@endeavors.org or call 210/399-4838.

CALL A RIDE 4 VETS

This free service is for veterans, their family, caregivers and surviving spouses. Rides are available Monday through Friday from 8:00 AM to 5:00 PM. Call 210/362-5254 to schedule an appointment 7 – 10 days in advance.

24/7 VETERAN'S CRISIS LINE

Call 800/273-8255 and press 1

Or text to 838255

YOGA AND MEDITATION CLASSES

Date: Wednesdays
Time: 6:15 PM – 7:15 PM
Place: Steven A. Cohen Military Family Clinic at Endeavors
6363 De Zavala Road, Suite 300

This class is for all bodies and all levels of fitness, with options for modifications to fit the unique needs of your body and mind.

Classes will consist of:

- Short meditation
- Warm-up
- Stretching and strengthening
- Simple balances
- Longer, guided relaxation at the end



Each session will have a specific theme, such as self-compassion, feeling strong or letting go.

Assistance with childcare is available with RSVP, and spots are limited. For more information or to RSVP, call 210/399-4838 or email SAclinic@endeavors.org.