



# The Craftsman at Salado Falls

Artisan at Salado Falls Apartments  
3714 Binz-Engelman Road, San Antonio, TX 78219

## Resident Highlight

Ten year old Audrey Victoria Lewis is a fifth grader at Park Village Elementary School and is a very valuable part-time helper with the Salado Falls After School Program. Math is one of Audrey's favorite subjects and volleyball is one of her favorite sports. She enjoys spending time with her friends and taking care of her baby sister, Serenity. Audrey thinks the colors of the rainbow are "so cool." She aspires to follow in the footsteps of her mother, Mrs. Grace Garcia, and become a nurse. When she was asked what she would do to change the world, she said that she would "get rid of all the dangerous people."

November 2009  
CALENDAR ITEMS

### The After School Program is in full session

**DAYS:** Mon., Wed., Thurs.  
**TIME:** 3:00PM- 5:00PM

We are now accepting new students into our After School Program! Children receive a snack, help with their homework, and engage in exciting enrichment activities. The program is open to school-age children. For more information, or to enroll your child, please contact Sue Pennington at 210/227-3914.

**A Message from the Resident Services Coordinator Thank You!!!** Salado Falls for your overwhelming support of the 2009 National Night Out. You went over the top! A special "Thank You" to UNIFYD SOUL for their fantastic performance....

**Celebrating Harvest....**We will share a Thanksgiving Dinner the week before Thanksgiving on Nov. 18 from 4 PM- 7 PM. The Salado Falls Management team will provide the turkey. We ask that those that attend bring a side dish to share. If you wish to attend, you must RSVP with Sue at 210/227-3914. Volunteers are needed to help serve.

### VITA(VOLUNTEER INCOME TAX ASSISTANCE PROGRAM)

will help prepare basic 2009 tax returns for working families and seniors earning \$45,000 and under FREE of CHARGE. The requirement is that 25 persons sign up for the service BEFORE January. They will possibly schedule the first week of February for the service.

### PARENTING CLASSES

These classes are held every Monday from 11AM until 1 PM. Snacks are provided and free childcare is available. Learn how to nurture your children and love yourself. Parents, guardians, grandparents, etc., are invited to attend the class. Alfreda Duncan is the Parenting Class Facilitator.

### Attention Women of Salado Falls!

A mobile mammography unit will be visiting the property on December 14 from 8 AM to 10 AM. Please see the attached flyer for information on how to schedule an appointment. If your health insurance will not cover a mammogram, call 210/704-4204 to find out how you can get a mammogram through the generosity of community funding.

### Community Reminders

Rent is due on the 1<sup>st</sup> and late on the 4<sup>th</sup>. Money Orders are the only form of payment accepted after the 3<sup>rd</sup>, with late fees included. All evictions will be filed three days from that date.

### Learn About Nutrition!!!!

John Velasquez from the San Antonio Food Bank is teaching the children in the After School Program about eating cool and nutritious foods. Parents, you are invited to come to these classes, too! He will be here for the next class on November 12 during the afterschool program.



Resident Services at this property are provided by:

### Some fun with Thanksgiving jokes

1. What happened when the turkey got into a fight?
2. Why was the turkey the drummer in the band?
3. What do you call a dumb gobbler?
4. What sound does a space turkey make?
5. Why did the turkey cross the road?



All events take place in the Community Center



212 West Laurel  
San Antonio, TX, 78212  
Ph: 210/281-0234  
Fax: 210/281-0238  
www.mercedhousingtexas.org

### RESIDENT SERVICES OFFICE INFORMATION

Office Hours: Monday, Wednesday, and Friday 10:00 AM-5:00 PM  
Tuesday-Thursday 10:00 AM- 4:00 PM

**Have a Happy Thanksgiving!!**



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## San Antonio Police Department's Blue Santa 2009!

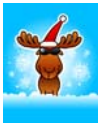
Since 1986, San Antonio's men in blue have annually collected and delivered gifts of donated food and toys to families in need. Officers and volunteers will package, label and deliver packages to the families that have been nominated, and make sure the right gift is delivered to each child on the Blue Santa list. Requests for assistance from Blue Santa must be made in person at the following substations, and are only accepted **November 1 through December 1**.

CENTRAL SUBSTATION	515 S. FRIO	SA, TX 78207
EAST SUBSTATION	3635 E. HOUSTON	SA, TX 78219
NORTH SUBSTATION	13030 JONES MALTSBERGER	SA, TX 78247
NW (PRUE)SUBSTATION	5020 PRUE RD.	SA, TX 78240
SOUTH SUBSTATION	711 W. MAYFIELD	SA, TX 78211
WEST SUBSTATION	7000 CULEBRA	SA, TX 78238

Donations are also accepted at all substations. For more information or if you have any questions, you can call any of the SAPD substations or 210/207-7175.

## November is American Diabetes Month

Diabetes is a disease in which the body does not produce or properly use insulin, a hormone needed to process sugars, starches and other foods into energy the body needs. It affects **24 million** adults and children in America, and **57 million** people are at risk of developing Type 2 diabetes, the most preventable type of the disease. People with diabetes have a higher risk of heart disease, heart attack, and stroke. If you think you are at risk, contact the Community Health Center at the Texas Diabetes Institute at 210/358-7000, or your family physician for resources. on how to get tested.



## Raul Jimenez Thanksgiving Dinner

Come celebrate the 30<sup>th</sup> anniversary of the Raul Jimenez Thanksgiving Dinner with a hot, nutritious turkey dinner with all the trimmings on November 27 (Thanksgiving Day) at the Henry B. Gonzalez Convention Center, 200 N. Market Street, Exhibit Halls C and D. The Raul Jimenez Thanksgiving Dinner has been providing senior citizens and those in need with Thanksgiving dinners since 1979. Volunteers can help make this dinner happen by signing up with the United Way of San Antonio—call 210/352-7000 for more information.

## The Great American Smokeout

According to the American Cancer Society, roughly 1 in 4 adults and 1 in 5 teenagers in the U.S. are smokers, and lung cancer is the number one cancer killer in America. On November 16, millions of smokers across the country will try not to smoke for 24 hours in an effort to quit smoking permanently. If you smoke, or know someone who smokes, why not try to make that pledge and "Leave The Pack Behind?" Some tips from the American Cancer Society:  
\*Tell everyone you're quitting for the day so they can encourage you and hold you to your promise.  
\*Hide your ashtrays, lighters, etc.  
\*If you're considering permanently quitting, there is help. Contact The American Cancer Society at 800/ACS-2345 for information about support groups, counseling, and other quitting resources.

## November is National AIDS Awareness Month

AIDS, or Acquired Immune Deficiency Syndrome, is caused by HIV, or human immunodeficiency virus, that attacks the immune system. It is a virus that can be transmitted through sexual contact, needles, or blood transfusions. AIDS affects millions of people worldwide, and currently, there is no cure, though there are treatments. The good news is that AIDS-related deaths in the U.S. are decreasing; the bad news is that awareness is also decreasing and the spread of AIDS still continues. For **free HIV testing** and screenings, contact the BEAT AIDS Organization at 210/227-4689 or the San Antonio Metro Health STD/HIV/AIDS Program, available at 210/207-8830.

1. He got the stuffing knocked out of him. 2. Because he had the drumsticks. 3. A jerky turkey. 4. Hubble, hubble, hubble, hubble. 5. It was the chicken's day off.