



The Costa Mirada Sun

Costa Mirada Apartment Homes
9323 Somerset Road; San Antonio, TX 78211

National Night Out a Success!

National Night Out against Crime was a great success

We took a bite out of crime on October 6 by getting together as a community. There was great food, family, friends and fun. Lots of residents won prizes and our neighborhood cheerleaders performed along with other children in our community. And look, McGruff was even there! We hope that your community involvement will continue throughout the year. Please let us know if you have ideas on ways to bring the Costa Mirada Community together.



Important Property Reminders :

Remember Rent is due on the 1st and late on the 3rd.

- Please help to keep the community clean by picking up trash.
- Remember to always wear proper swim attire when using the pool.
- Please only use patio furniture on the patio.
- Please do not hang clothing over the patio railing.

Hello Costa Mirada,

It is with sadness I inform you that I will be leaving Costa Mirada. I would like to take this opportunity to say it has been a pleasure serving you this past year. Please continue to use Resident Services and feel free to come by the first week of November so that I may introduce you to your new Resident Services Coordinator. We will be available to take your Angel Food order before the deadline, November 11. Remember, Angel Food is available for only \$30 and feeds a family of four for a week. Stop by the community center and pick up a menu.

If you need assistance with anything, please call. We will take care of you.

-Shawnnell Batiste



Resident Services Office Information

Office Hours: Walk-in Monday - Tuesday 2:00PM-5:30PM

Other times by appointment only.

PHONE: 210/923-1692 email: shawnnell@mercedhousingtexas.org

November 2009

CALENDAR ITEMS

After School Program

DAYS: Monday-Thursday

TIME: 3:00 PM-4:30 PM

Students in grades 1-5 are encouraged to join our After School Program. Children receive help with homework and engage in enrichment activities. Please sign up with Shawnnell in Residents Services!

A class on **Finance** will be held soon! For more information, contact your resident services coordinator.



November 11, 2009
Veteran's Day

Turn the page over for more great news!!

Resident Services at this property are provided by:



212 West Laurel
San Antonio, TX, 78212
Ph: 210/281-0234
Fax: 210/281-0238
www.mercedhousingtexas.org



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It's Turkey Time!!!

Thanksgiving is upon us again. It's time to gather 'round the table and eat a glorious meal as we give thanks for all that we have. As you do so, reflect upon the words in this Thanks-Giving Poem retrieved from humor-matters.com:

**Be thankful that you don't already have everything you desire.
If you did, what would there be to look forward to?
Be thankful when you don't know something,
for it gives you the opportunity to learn.**

**Be thankful for the difficult times. During those times you grow.
Be thankful for your limitations,
because they give you opportunities for improvement.
Be thankful for each new challenge,
because it will build your strength and character.**

**Be thankful for your mistakes. They will teach you valuable lessons.
Be thankful when you're tired and weary,
because it means you've made a difference.**

**It's easy to be thankful for the good things.
A life of rich fulfillment comes to those who
are also thankful for the setbacks.
Gratitude can turn a negative into a positive.
Find a way to be thankful for your troubles,
and they can become your blessings.**



Have a Happy Thanksgiving

(Author unknown)



San Antonio Police Department's Blue Santa 2009!

CENTRAL SUBSTATION	515 S. FRIO	SA, TX 78207
EAST SUBSTATION	3635 E. HOUSTON	SA, TX 78219
NORTH SUBSTATION	13030 JONES MALTSBERGER	SA, TX 78247
NW (PRUE)SUBSTATION	5020 PRUE RD.	SA, TX 78240
SOUTH SUBSTATION	711 W. MAYFIELD	SA, TX 78211
WEST SUBSTATION	7000 CULEBRA	SA, TX 78238

Since 1986, San Antonio's men in blue have annually collected and delivered gifts of donated food and toys to families in need. Officers and volunteers will package, label and deliver packages to the families that have been nominated, and make sure the right gift is delivered to each child on the Blue Santa list. Requests for assistance from Blue Santa must be made in person at the following substations, and are only accepted **November 1 through December 1**.

Donations are also accepted at all substations. For more information or if you have any questions, you can call any of the SAPD substations or 210/207-7175.



Raul Jimenez Thanksgiving Dinner

Come celebrate the 30th anniversary of the Raul Jimenez Thanksgiving Dinner with a hot, nutritious turkey dinner with all the trimmings on November 27 (Thanksgiving Day) at the Henry B. Gonzalez Convention Center, 200 N. Market Street, Exhibit Halls C and D. The Raul Jimenez Thanksgiving Dinner has been providing senior citizens and those in need with Thanksgiving dinners since 1979. Volunteers can help make this dinner happen by signing up with the United Way of San Antonio—call 210/352-7000 for more information.

The Great American Smokeout

According to the American Cancer Society, roughly 1 in 4 adults and 1 in 5 teenagers in the U.S. are smokers, and lung cancer is the number one cancer killer in America. On November 16, millions of smokers across the country will try not to smoke for 24 hours in an effort to quit smoking permanently. If you smoke, or know someone who smokes, why not try to make that pledge and "Leave The Pack Behind?" Some tips from the American Cancer Society:

- *Tell everyone you're quitting for the day so they can encourage you and hold you to your promise.
- *Hide your ashtrays, lighters, etc.
- *If you're considering permanently quitting, there is help. Contact The American Cancer Society at 800/ACS-2345 for information about support groups, counseling, and other quitting resources.

November is American Diabetes Month

Diabetes is a disease in which the body does not produce or properly use insulin, a hormone needed to process sugars, starches and other foods into energy the body needs. It affects **24 million** adults and children in America, and **57 million** people are at risk of developing Type 2 diabetes, the most preventable type of the disease. People with diabetes have a higher risk of heart disease, heart attack, and stroke. If you think you are at risk, contact the Community Health Center at the Texas Diabetes Institute at 210/358-7000, or your family physician for resources on how to get tested.

