



# The Alhambra Bulletin

The Alhambra Senior Apartment Homes  
7130 New Laredo Highway, San Antonio, TX 78211

## Make Time to Attend these Events

**San Antonio Food Bank:** On August 4 at 10:00 AM, John Valaquez joins us again for water aerobics at the Alhambra pool.

**Meet the Doctor:** August 3 at 1:00 PM

Come out and meet our new neighborhood doctor from Texas Med Clinic.

**Mini Health Fair:** August 11 at 1:00 PM

Join Ms. Frances Garcia in the Community room for free blood pressure screenings, physical therapy evaluations and blood sugar checks sponsored by Texas Home Health.

**Axiom Home Health:** August 27 at 10:30 PM

Mr. Manuel Ramirez from Axiom Home health joins us to explain services offered, and refreshments will be provided.

Contact Mia at 210/923-8200 for more information about these events.



Dear Alhambra Residents,

Hello! My name is Mia Morris, and I am your new Resident Service Coordinator. I am glad to be joining The Alhambra Team. I am excited about the opportunity to connect you with resources in the community. I will also be planning fun activities and inviting guest speakers to come and share important information on a variety of topics. I look forward to meeting you!

-Mia

## Attention Residents!

If you have a certain skill or talent, such as cooking or arts and crafts, that you would like to share with the community, please see me to set up a day and time to do so. In the past, residents have showed us how to make jambalaya, tortillas and even Fiesta flowers! Any skills or talents shared will be greatly appreciated!

### \*Pool Announcements\*

1. Always wear proper swim attire at the pool-only white T-shirts are permitted.
2. Only 2 guests per apartment.
3. The pool is closed on Mondays for cleaning.

### Resident Services Office Information

Office Hours: Tuesday-Thursday 10:30 AM-2:30 PM  
Friday-Saturday 10:00 AM-2:00 PM  
Phone: 210/923-8200

August 2009

## CALENDAR ITEMS

### Project Hope

**DATE:** August 13, 2009

**TIME:** 12:00 PM

Free food commodities will be distributed! If you are at least 60 years old, you qualify. Call 210/923-8200 for more information. Don't forget to sign in & to bring your box, bags or cart!

### Angel Food Ministries

**DATE:** August 15, 2009

Orders must be turned in by Friday, August 15, Food will be delivered on August 29.

### Loteria

**DATE:** August 8, 2009

**TIME:** 1:00 PM

Join us for a fun afternoon of Loteria!

All events are in the  
Community Center

Resident Services at this  
property are provided by:



212 West Laurel  
San Antonio, TX 78212

Ph: 210/281-0234

Fax: 210/281-0238

www.mercedhousingtexas.org